

TRAINING

PACKING LIST

A. Dress / Clothing:

1. Combat Shirt and trousers (2 pairs of each)
2. Combat Jacket (optional)
3. Beret
4. Jungle Hat (issued)
5. Boots
6. Socks (x 4 pairs)
7. Green T-Shirts (x 2)
8. Underwear
9. Rain Suit
10. Sports / PT Kit
11. Civilian Clothes including swimming kit

B. Kit & Equipment :

1. Rucksack (Military Kit)
2. Webbing (hand luggage)
3. Mess Tins
4. Knife, fork & Spoon (KFS)
5. Water Bottles x 2 (second issued)
6. Camelback (optional but strongly recommended)
7. Poncho or Basha
8. Bungee Cords x 8
9. Tent Stakes x 8
10. Wash & shaving kit
11. Sewing kit
12. Boot cleaning kit
13. Notebook & pen / pencil (in zip lock bag)
14. Insect Repellent
15. Watch
16. Pocket Knife (small – pack in rucksack)
17. Small flashlight with red filter lens (connected to lanyard)
18. Head lamp (optional - with red filter lens)
19. Spare batteries
20. Baby wipes
21. First Field Dressing
22. Plastic Bags in variety of sizes
23. Trash Bag to line Rucksack
24. Anti-Bacterial Hand sanitizer (small)
25. Map Case (Commanders)
26. Boot & Brass cleaning Kit
27. Lip Balm
28. Sun Screen

Issued Kit

1. Small Holdall
2. Water Bottle (2nd)
3. Sleeping Bag
4. Foot Powder
5. Camo Cream
6. Insect Repellent